

FOREFRONT

IN THE MIX
ON THE PULSE

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**BURN 2.5x
MORE FAT**

BUILD 3x MORE MUSCLE



Compared with whey protein, Bodybalance®
bioactive collagen peptides give better results



INNOVATIONS IN BODY COMPOSITION

- Bodybalance® are specific collagen peptides optimised to improve body composition – findings which have been proven in a double blind randomised controlled trial.
- 120 healthy men aged 35-65 years were tested over a 12 week period and administered 15g Bodybalance® or whey protein isolate or placebo directly after workout (or at same time of day on rest days) with 3x 60min resistance training per week.
- Consumption of 15g Bodybalance® bioactive collagen peptides led to 3x more muscle gain and over 2.5x more fat loss than the same quantity of whey protein isolate.
- Bodybalance® are specific collagen peptides optimised for sports performance and can be integrated into powder blends or liquids at 15g dosage.



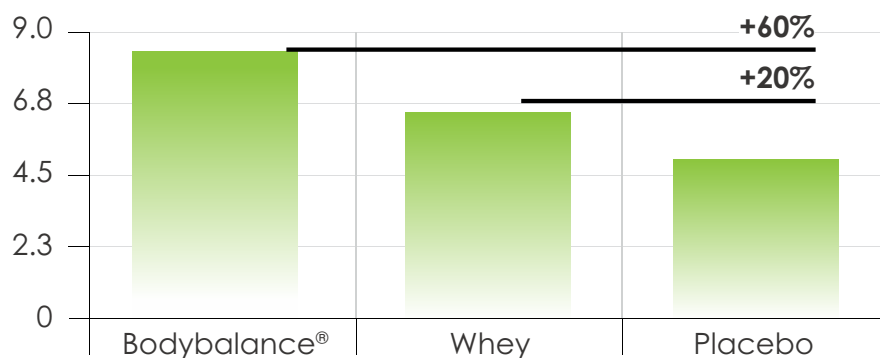
CLINICAL DATA

Body composition effect	Protein source	
	Whey Protein Isolate	Bodybalance®
Muscle Gain	+0.5 kg	+1.5 kg
Fat Loss	- 0.7 kg	- 1.8 kg



Reference: Gelita, 2015 (publication in preparation)

IMPROVEMENTS TO BODY COMPOSITION



■ Delta muscle gain + delta fat loss [kg]

GET IN TOUCH:

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